

Communication Skills

Tell them what you're going to tell them, then shut up and listen!



Program Overview

This workshop highlights important communication skills and offers tips on how to effectively say what you need to say. Using the DISC method (a model using the dimensions of Dominance, Influencing, Steadiness and Conscientiousness interacting with other factors to describe human behavior), participants will discover their individual communication styles and learn how to modify their communication strategies when dealing with other DISC communication types.

Modules

1. Communication Model
2. Disc Types
3. How to Communicate with Different DISC Types
4. Choosing the Right Words
5. Knowing When to Talk

Target Audience All - Please note that this program can be tailored to meet the specific needs of the audience or organization.

Length of Presentation 1 or 2 day workshops

Goals and Expectations

Through group work and conversation simulations, to provide participants with methods by which they can more effectively communicate their feelings and ideas. To decrease workplace confusion through the improvement of clarity in conversation.

Thumbnail Speaker Biography

- Adjunct Professor: Group Dynamics and Marriage and Family Counseling
- Author of the recently published book, *The Navigator of Life*
- CEO of non-profit and for-profit organizations

Handouts, Activities and Q&A Session

Provided by Speaker

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