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Keeping Life In Balance and On Course.

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The Navigator of Life

By Nathaniel J. Williams, Ed.D, MHS, MPA, MBA

Bethlehem, PA 10/30/09 - *The Navigator of Life* is a life-management tool created by Dr. Nathaniel J. Williams that offers insightful perceptions on how readers can best fulfill their personal and professional goals by understanding how the most effective decisions are made.

The Navigator of Life is a teaching tool and empowerment process for individuals. It has the power to affect dramatic change in a real and lasting manner.

The Navigator of Life reinforces a Core Belief structure that includes: respect, personal improvement and uplifting behaviors. It encourages individuals to question the impact of various life dimensions such as education, health and personal development when making decisions. It then creates an opportunity for readers to learn about themselves by examining the answers to those questions. Readers will learn to use that knowledge to intelligently navigate the twists and turns of everyday life.

About the Book:

The Navigator of Life

By Nathaniel J. Williams, Ed.D, MHS, MPA, MBA

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About Dr. Nathaniel J. Williams:

Nathaniel J. Williams, Ed.D., MHS, MPA, MBA knows about tragedy, adversity and overcoming the odds. He and his 11 siblings were orphaned when he was just five years old, then lived under the New York City foster care system until age 18. The challenges of his early life inspired his educational, personal and professional achievements.

He is a Doctor of Education, direct care worker, foster parent, entrepreneur, nonprofit and for-profit organization founder, Chief Executive Officer, adjunct professor, scholar-in-residence, talk show host and motivational speaker. He proudly earned two of his four graduate degrees from the nation's two oldest historically African American universities:

a Master of Human Services from Lincoln University of Pennsylvania and a Master of Public Administration from Cheyney University of Pennsylvania. He subsequently attained a Master of Business Administration at Strayer University, and a Doctorate in Education at Fielding Graduate University. In May 2007, Dr. Williams was awarded the first Frederick Douglass Institute Scholar in Residence position at Kutztown University of Pennsylvania, and in 2009, he received Strayer University's Distinguished Alumni Award.

Dr. Williams has been the President and CEO of HumanWorks Affiliates, Inc., a cluster of nine corporations focused on human services: providing group homes, foster care/life sharing, support for individuals living independently, leisure and recreation excursions, training and professional development opportunities, and gift arrangements. HumanWorks employs over 200 people and has an operating budget of over \$10 million. Dr. Williams is a member of the National Speakers Association and hosts a weekly talk show, "Navigating Your Life" which takes on empowerment, enlightenment, and encouragement to help its listeners to reach their full potential. Dr. Williams and his wife Tade have seven children, and reside in Lehigh County, PA.

More at www.nj-williams.com