

Safety and Workplace Hostility

Making life at work safer and harmonious!

Program Overview

This workshop focuses on eliminating workplace hostility and maintaining a safe work environment. Participants learn how to identify, prevent and deal with violent situations.

Modules

- 1. Recognizing Warning Signs
- 2. Dealing with a Hostile Situation
- 3. Anger Diffusing Skills
- 4. Knowing your Anger Triggers and Dealing with them Appropriately
- 5. Working Together to Create a Safe Environment

Target Audience All - Please note that this program can be tailored to meet the specific needs of the audience or organization.

Length of Presentation 1 or 2 day workshops

Goals and Expectations

To teach participants how to promote and maintain a safe and hostility-free workplace. Participants will learn how to manage their own anger, how to best handle hostility in others and how to identify the warning signs of a hostile situation, so that it can be prevented before it spirals out of control.

Thumbnail Speaker Biography

- CEO of non-profit and for-profit organizations
- Entrepreneur
- Author of the recently published book, *The Navigator of Life*
- Professor of Group Dynamics

Handouts, Activities and Q&A Session

Provided by Speaker